

**HIGHLIGHTS OF PRESCRIBING INFORMATION**  
These highlights do not include all the information needed to use FLOXETINE TABLETS safely and effectively. See full prescribing information for FLOXETINE TABLETS.

FLOXETINE tablets, for oral use  
Initial U.S. Approval: 1997

**WARNING: SUICIDAL THOUGHTS AND BEHAVIORS**  
*See full prescribing information for complete details.*

- Increased risk of suicidal thinking and behavior in children, adolescents, and young adults taking antidepressants (5.1).
- Monitor for worsening and emergence of suicidal thoughts and behaviors (5.1).

**When using fluoxetine and olanzapine in combination, also refer to Boxed Warning section of the package insert for Symbyax®.**

-----**INDICATIONS AND USAGE**-----  
Fluoxetine is a selective serotonin reuptake inhibitor indicated for:

- Acute and maintenance treatment of Major Depressive Disorder (MDD) (1)
- Acute and maintenance treatment of Obsessive Compulsive Disorder (OCD) (1)
- Acute and maintenance treatment of Bulimia Nervosa (1)
- Acute treatment of Panic Disorder, with or without agoraphobia (1)

-----**DOSE AND ADMINISTRATION**-----

Indication	Adult	Pediatric
MDD (2.1)	20 mg/day in am (initial dose)	10 to 20 mg/day (initial dose)
OCD (2.2)	20 mg/day in am (initial dose)	10 mg/day (initial dose)
Bulimia Nervosa (2.3)	60 mg/day in am	
Panic Disorder (2.4)	10 mg/day (initial dose)	

A lower or less frequent dosage should be used in patients with hepatic impairment, the elderly, and for patients with concurrent disease or on multiple concomitant medications (2.7).

-----**DOSE FORMS AND STRENGTHS**-----  
Tablets: 10 mg and 20 mg (3)

-----**CONTRAINDICATIONS**-----

- Serotonin Syndrome and MAOIs: Do not use MAOIs intended to treat psychiatric disorders with fluoxetine or within 5 weeks of stopping treatment with fluoxetine. Do not use fluoxetine within 14 days of stopping an MAOI intended to treat psychiatric disorders. Do not start fluoxetine in a patient who is being treated with linezolid or intravenous methylene blue (4.1)
- Pimozide: Do not use. Risk of QT prolongation and drug interaction (4.2, 5.11, 7.7, 7.8)
- Thioridazine: Do not use. Risk of QT interval prolongation and elevated thioridazine plasma levels. Do not use thioridazine within 5 weeks of discontinuing fluoxetine (4.2, 5.11, 7.7, 7.8)
- When using fluoxetine and olanzapine in combination, also refer to the Contraindications section of the package insert for Symbyax (4)

-----**WARNINGS AND PRECAUTIONS**-----

- Suicidal Thoughts and Behaviors in Children, Adolescents, and Young Adults: Monitor for clinical worsening and suicidal thinking and behavior (5.1)
- Serotonin Syndrome: Serotonin syndrome has been reported with SSRIs and SNRIs, including fluoxetine, both when taken alone, but especially when coadministered with other serotonergic agents (including triptans, tricyclic antidepressants, fentanyl, lithium, tramadol, tryptophan, and buspirone, amphetamines, and St. John's Wort). In such symptoms occur, discontinue fluoxetine and initiate supportive treatment. If concomitant use of fluoxetine with other serotonergic drugs is clinically warranted, patients should be made aware of a potential increased risk for serotonin syndrome, particularly during treatment initiation and dose increases. (5.2)
- Allergic Reactions and Rash: Discontinue upon appearance of rash or allergic phenomena (5.3)
- Activation of Mania/Hypomania: Screen for Bipolar Disorder and monitor for mania/hypomania (5.4)
- Seizures: Use cautiously in patients with a history of seizures or with conditions that potentially lower the seizure threshold (5.5)
- Altered Appetite and Weight: Significant weight loss has occurred (5.6)

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-----**DOSE FORMS AND STRENGTHS**-----

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-----**WARNINGS AND PRECAUTIONS**-----

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-----**DRUG INTERACTIONS**-----

- Monoamine Oxidase Inhibitors (MAOI)
- CNS Acting Drugs
- Serotonergic Drugs

*Abnormal Bleeding:* May increase the risk of bleeding. Use with NSAIDs, aspirin, warfarin, or other drugs that affect coagulation may potentiate the risk of gastrointestinal or other bleeding (5.7)

*Angle-Closure Glaucoma:* Angle-closure glaucoma has occurred in patients with untreated anatomically narrow angles treated with antidepressants (5.8)

*Hypонатremia:* Has been reported with fluoxetine in association with syndrome of inappropriate antidiuretic hormone (SIADH). Consider discontinuing if symptomatic hyponatremia occurs (5.9)

*Anxiety and Insomnia:* May occur (5.10)

*QT Prolongation:* QT prolongation and ventricular arrhythmia including Torsades de Pointes have been reported with fluoxetine use. Use with caution in patients with a history of arrhythmias or increased fluoxetine exposure. Use cautiously in patients with risk factors for QT prolongation (4.2, 5.11)

*Potential for Cognitive and Motor Impairment:* Has potential to impair judgment, thinking, and motor skills. Use caution when operating machinery (5.13)

*Long Half-Life:* Changes in dose will not be fully reflected in plasma for several weeks (5.14)

*Fluoxetine and Olanzapine in Combination:* When using fluoxetine and olanzapine in combination, also refer to the Warnings and Precautions section of the package insert for Symbyax (5.16)

-----**ADVERSE REACTIONS**-----

Most common adverse reactions (≥ 5% and at least twice that for placebo) associated with: Major Depressive Disorder, Obsessive Compulsive Disorder, Bulimia, and Panic Disorder: abnormal dreams, abnormal ejaculation, anorexia, anxiety, asthenia, diarrhea, dry mouth, dyspepsia, flu syndrome, impotence, insomnia, libido decreased, nausea, nervousness, pharyngitis, rash, sinusitis, somnolence, sweating, tremor, vasodilatation, and yawn (6.1)

Fluoxetine and olanzapine in combination – Also refer to the Adverse Reactions section of the package insert for Symbyax (6)

**To report SUSPECTED ADVERSE REACTIONS, contact Teva Pharmaceuticals USA, Inc. at 1-866-832-8537 or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.**

-----**DRUG INTERACTIONS**-----

*Monoamine Oxidase Inhibitors (MAOIs):* (2.9, 2.10, 4.1, 5.2)

*Drugs Metabolized by CYP2D6:* Fluoxetine is a potent inhibitor of CYP2D6 enzyme pathway (7.7)

*Tricyclic Antidepressants (TCAs):* Monitor TCA levels during coadministration with fluoxetine or when fluoxetine has been recently discontinued (5.2, 7.7)

*CNS Acting Drugs:* Caution should be used when taken in combination with other centrally acting drugs (2.2)

*Benzodiazepines:* Diazepam – increased  $t_{1/2}$ , alprazolam – further psychomotor performance decrement due to increased levels (7.7)

*Antipsychotics:* Potential for elevation of haloperidol and clozapine levels (7.7)

*Anticonvulsants:* Potential for elevated phenytoin and carbamazepine levels and clinical anticonvulsant toxicity (7.7)

*Serotonergic Drugs:* (2.9, 2.10, 4.1, 5.2)

*Drugs That Interfere With Hemostasis (e.g., NSAIDs, Aspirin, Warfarin):* May potentiate the risk of bleeding (7.4)

*Drugs Tightly Bound to Plasma Proteins:* May cause a shift in plasma concentrations (7.6, 7.7)

*Olanzapine:* When used in combination with fluoxetine, also refer to the Drug Interactions section of the package insert for Symbyax (7.7)

*Drugs That Prolong the QT Interval:* Do not use fluoxetine with thioridazine or pimozide. Use with caution in combination with other drugs that prolong the QT interval (4.2, 5.11, 7.7, 7.8)

-----**USE IN SPECIFIC POPULATIONS**-----

*Pregnancy:* Fluoxetine should be used during pregnancy only if the potential benefit justifies the potential risks to the fetus (8.1)

*Nursing Mothers:* Breast feeding is not recommended (8.3)

*Pediatric Use:* Safety and effectiveness of fluoxetine in patients < 8 years of age with Major Depressive Disorder and < 7 years of age with OCD have not been established.

*Hepatic Impairment:* Lower or less frequent dosing may be appropriate in patients with cirrhosis (8.6)

**See 17 for PATIENT COUNSELING INFORMATION and Medication Guide**

Revised: 11/2018

- Drugs That Interfere With Hemostasis (e.g., NSAIDs, Aspirin, Warfarin)
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**FULL PRESCRIBING INFORMATION**

**WARNING: SUICIDAL THOUGHTS AND BEHAVIORS**

**Antidepressants increased the risk of suicidal thoughts and behavior in children, adolescents, and young adults in short-term studies. These studies did not show an increase in the risk of suicidal thoughts and behavior in patients over age 24; there was a reduction in risk with antidepressant use in patients aged 65 and older. [See Warnings and Precautions (5.1)].**

**In patients of all ages who are started on antidepressant therapy, monitor closely for worsening and for emergence of suicidal thoughts and behaviors. Advise families and caregivers of the need for close observation and communication with the prescriber. [See Warnings and Precautions (5.1)].**

**Fluoxetine is not approved for use in children less than 7 years of age [See Warnings and Precautions (5.1) and Use in Specific Populations (8.4)].**

**When using fluoxetine and olanzapine in combination, also refer to Boxed Warning section of the package insert for Symbyax.**

**1 INDICATIONS AND USAGE**

Fluoxetine is indicated for the treatment of:

- Acute and maintenance treatment of Major Depressive Disorder [see *Clinical Studies* (14.1)].
- Acute and maintenance treatment of obsessions and compulsions in patients with Obsessive Compulsive Disorder (OCD) [see *Clinical Studies* (14.2)].
- Acute and maintenance treatment of binge-eating and vomiting behaviors in patients with moderate to severe Bulimia Nervosa [see *Clinical Studies* (14.3)].
- Acute treatment of Panic Disorder, with or without agoraphobia [see *Clinical Studies* (14.4)].

*When using fluoxetine and olanzapine in combination, also refer to the Clinical Studies section of the package insert for Symbyax.*

**2 DOSE AND ADMINISTRATION**

**2.1 Major Depressive Disorder**

**Initial Treatment**

*Adult* — Initiate fluoxetine 20 mg/day orally in the morning. Consider a dose increase after several weeks if insufficient clinical improvement is observed. Administer doses above 20 mg/day once daily in the morning or twice daily (i.e., morning and noon). The maximum fluoxetine dose should not exceed 80 mg/day. In controlled clinical studies supporting the efficacy of fluoxetine, patients were administered morning doses ranging from 20 to 80 mg/day. Studies comparing fluoxetine 20, 40, and 60 mg/day to placebo indicate that 20 mg/day is sufficient to obtain a satisfactory response in Major Depressive Disorder in most cases [see *Clinical Studies* (14.1)].

*Pediatric (children and adolescents)* — Initiate fluoxetine 10 or 20 mg/day. After 1 week at 10 mg/day, increase the dose to 20 mg/day. However, due to higher plasma levels in lower weight children, the starting and target dose in this group may be 10 mg/day. Consider a dose increase to 20 mg/day after several weeks if insufficient clinical improvement is observed. In the short-term (8 to 9 week) controlled clinical trials of fluoxetine supporting its effectiveness in the treatment of Major Depressive Disorder, patients were administered fluoxetine doses of 10 to 20 mg/day [see *Clinical Studies* (14.1)].

*All patients* — As with other drugs effective in the treatment of Major Depressive Disorder, the full effect may be delayed until 4 weeks of treatment or longer. Periodically reassess to determine the need for maintenance treatment.

*Switching Patients to a Tricyclic Antidepressant (TCA)* — Dosage of a TCA may need to be reduced, and plasma TCA concentrations may need to be monitored temporarily when fluoxetine is coadministered or has been recently discontinued [see *Warnings and Precautions* (5.2) and *Drug Interactions* (7.7)].

**2.2 Obsessive Compulsive Disorder**

**Initial Treatment**

*Adult* — Initiate fluoxetine 20 mg/day orally in the morning. Consider a dose increase after several weeks if insufficient clinical improvement is observed. The full therapeutic effect may be delayed until 5 weeks of treatment. In controlled clinical trials of fluoxetine supporting its effectiveness in the treatment of Bulimia Nervosa, patients were administered fixed daily fluoxetine doses above 20 mg/day once daily (i.e., morning and noon). A dose range of 20 to 60 mg/day was well tolerated in open studies of OCD. The maximum fluoxetine dose should not exceed 80 mg/day.

In the controlled clinical trials of fluoxetine supporting its effectiveness in the treatment of OCD, patients were administered fixed daily doses of 20, 40, or 60 mg of fluoxetine or placebo [see *Clinical Studies* (14.2)]. In one of these studies, no dose-response relationship for effectiveness was demonstrated.

*Pediatric (children and adolescents)* — In adolescents and higher weight children, initiate treatment with a dose of 10 mg/day. After 2 weeks, increase the dose to 20 mg/day. Consider additional dose increases after several weeks if insufficient clinical improvement is observed. A dose range of 20 to 60 mg/day is recommended. In lower weight children, initiate treatment with a dose of 10 mg/day. Consider additional dose increases after several weeks if insufficient clinical improvement is observed. A dose range of 20 to 30 mg/day is recommended. Experience with daily doses greater than 20 mg is very minimal, and there is no experience with doses greater than 60 mg.

In the controlled clinical trial of fluoxetine supporting its effectiveness in the treatment of OCD, patients were administered fluoxetine doses in the range of 10 to 60 mg/day [see *Clinical Studies* (14.2)]. Periodically reassess to determine the need for treatment.

**2.3 Bulimia Nervosa**

**Initial Treatment** — Administer fluoxetine 60 mg/day in the morning. For some patients it may be advisable to titrate up to this target dose over several days. Fluoxetine doses above 60 mg/day have not been systematically studied in patients with bulimia. In controlled clinical trials of fluoxetine supporting its effectiveness in the treatment of Bulimia Nervosa, patients were administered fixed daily fluoxetine doses of 20 or 60 mg, or placebo [see *Clinical Studies* (14.3)]. Only the 60 mg dose was statistically significantly superior to placebo in reducing the frequency of binge-eating and vomiting. Periodically reassess to determine the need for maintenance treatment.

**2.4 Panic Disorder**

**Initial Treatment** — Initiate treatment with fluoxetine 10 mg/day. After one week, increase the dose to 20 mg/day. Consider a dose increase after several weeks if no clinical improvement is observed. Fluoxetine doses above 60 mg/day have not been systematically evaluated in patients with Panic Disorder. In the controlled clinical trials of fluoxetine supporting its effectiveness in the treatment of Panic Disorder, patients were administered fluoxetine doses in the range of 10 to 60 mg/day [see *Clinical Studies* (14.4)]. The most frequently administered dose in the 2 flexible-dose clinical trials was 20 mg/day.

Periodically reassess to determine the need for continued treatment.

**2.7 Dosing in Specific Populations**

**Treatment of Pregnant Women** — When treating pregnant women with fluoxetine, the physician should carefully consider the potential risks and potential benefits of treatment. Neonates exposed to SSRIs or SNRIs late in the third trimester have developed complications requiring prolonged hospitalization, respiratory support, and tube feeding [see *Use in Specific Populations* (8.1)].

*Geriatric* — Consider a lower or less frequent dosage for the elderly [see *Use in Specific Populations* (8.5)].

*Hepatic Impairment* — As with many other medications, use a lower or less frequent dosage in patients with hepatic impairment [see *Use in Specific Populations* (12.4) and *Use in Specific Populations* (8.6)].

*Concomitant Illness* — Patients with concurrent disease or on multiple concomitant medications may require dosage adjustments [see *Clinical Pharmacology* (12.4) and *Warnings and Precautions* (8.12)].

**2.8 Discontinuation of Treatment**

Symptoms associated with discontinuation of fluoxetine, SNRIs, and SSRIs, have been reported [see *Warnings and Precautions* (5.15)].

**2.9 Switching a Patient To or From a Monoamine Oxidase Inhibitor (MAOI) Intended to Treat Psychiatric Disorders**

At least 14 days should elapse between discontinuation of an MAOI intended to treat psychiatric disorders and initiation of therapy with fluoxetine. Conversely, at least 5 weeks should be allowed after stopping fluoxetine before starting an MAOI intended to treat psychiatric disorders [see *Contraindications* (4.1)].

**2.10 Use of Fluoxetine With Other MAOIs such as Linezolid or Methylene Blue**

Do not start fluoxetine in a patient who is being treated with linezolid or intravenous methylene blue because there is an increased risk of serotonin syndrome. In a patient who requires more urgent treatment of a psychiatric condition, other interventions, including hospitalization, should be considered [see *Contraindications* (4.1)].

In some cases, a patient already receiving fluoxetine therapy may require urgent treatment with linezolid or intravenous methylene blue. If acceptable alternatives to linezolid or intravenous methylene blue treatment are not available and the potential benefits of linezolid or intravenous methylene blue treatment are judged to outweigh the risks of serotonin syndrome in a particular patient, fluoxetine should be discontinued promptly, and linezolid or intravenous methylene blue can be administered. The patient should be monitored for symptoms of serotonin syndrome for five weeks or until 24 hours after the last dose of linezolid or intravenous methylene blue, whichever comes first. Therapy with fluoxetine may be resumed 24 hours after the last dose of linezolid or intravenous methylene blue [see *Warnings and Precautions* (5.2)].

The risk of administering methylene blue by non-intravenous routes (such as oral tablets or by local injection) or in intravenous doses much lower than 1 mg/kg with fluoxetine is unclear. The clinician should, nevertheless, be aware of the possibility of emergent symptoms of serotonin syndrome with such use [see *Warnings and Precautions* (5.2)].

**3 DOSE FORMS AND STRENGTHS**

Fluoxetine tablets are available as blue, oval shaped, film-coated tablets, plain on one side and debossed "7188" and scored on the other side and debossed "9" (scoring) "3".

Fluoxetine tablets USP, 20 mg are available as white, oval shaped, film-coated tablets, debossed with "TEVA" on one side and scored on the other side and debossed with "08" (scoring) "07".

**4 CONTRAINDICATIONS**

**When using fluoxetine and olanzapine in combination, also refer to the Contraindications section of the package insert for Symbyax.**

**4.1 Monoamine Oxidase Inhibitors (MAOIs)**

The use of MAOIs intended to treat psychiatric disorders with fluoxetine or within 5 weeks of stopping treatment with fluoxetine is contraindicated because of an increased risk of serotonin syndrome. The use of fluoxetine within 14 days of stopping an MAOI intended to treat psychiatric disorders is also contraindicated [see *Dosage and Administration* (2.9) and *Warnings and Precautions* (5.2)].

Starting fluoxetine in a patient who is being treated with MAOIs such as linezolid or intravenous methylene blue is also contraindicated because of an increased risk of serotonin syndrome [see *Dosage and Administration* (2.10) and *Warnings and Precautions* (5.2)].

17.12 Use in Specific Populations

\*Sections or subsections omitted from the full prescribing information are not listed.

**4.2 Other Contraindications**

The use of fluoxetine is contraindicated with the following:

- Pimozide [see *Warnings and Precautions* (5.11) and *Drug Interactions* (7.7, 7.8)]
- Thioridazine [see *Warnings and Precautions* (5.11) and *Drug Interactions* (7.7, 7.8)]

Pimozide and thioridazine prolong the QT interval. Fluoxetine can increase the levels of pimozide and thioridazine through inhibition of CYP2D6. Fluoxetine can also prolong the QT interval.

**5 WARNINGS AND PRECAUTIONS**

*When using fluoxetine and olanzapine in combination, also refer to the Warnings and Precautions section of the package insert for Symbyax.*

**5.1 Suicidal Thoughts and Behaviors in Children, Adolescents, and Young Adults**

In controlled clinical studies in children and adolescents, many experience worsening of their depression and/or the emergence of suicidal ideation and behavior (suicidality) or unusual changes in behavior, whether or not they are taking antidepressant medications, and this risk may persist until significant remission occurs. Suicide is a known risk of depression and certain other psychiatric disorders, and these disorders themselves are the strongest predictors of suicide. There has been a long-standing concern, however, that antidepressants may have a role in inducing worsening of depression and the emergence of suicidality in certain patients during the early phases of treatment. Pooling data from short-term placebo-controlled trials of antidepressants (SSRIs and others) showed that these drugs increase the risk of suicidal thinking and behavior (suicidality) in children, adolescents, and young adults (ages 18 to 24) with Major Depressive Disorder (MDD) and other psychiatric disorders. Short-term studies did not show an increase in the risk of suicidality with antidepressants compared to placebo in adults beyond age 24; there was a reduction with antidepressants compared to placebo in adults aged 65 and older.

The pooled analyses of placebo-controlled trials in children and adolescents with MDD, Obsessive Compulsive Disorder (OCD), or other psychiatric disorders included a total of 24 short-term trials of 9 antidepressant drugs in over 4400 patients. The pooled analyses of placebo-controlled trials in adults with major depressive disorders included a total of 295 short-term trials (median duration of 11 antidepressant drugs in over 77,000 patients). There was considerable variation in risk of suicidality among drugs, but a tendency toward an increase in the younger patients for almost all drugs studied. There were differences in absolute risk of suicidality across the different indications, with the highest incidence in MDD. The risk differences (drug versus placebo), however, were relatively stable within age strata and across indications. These risk differences (drug-placebo difference in the number of cases of suicidality per 1000 patients treated) are provided in **Table 2**.

**Table 2. Suicidality per 1000 Patients Treated**

Age Range	Drug-Placebo Difference in Number of Cases of Suicidality per 1000 Patients Treated
	Increases Compared to Placebo
< 18	14 additional cases
18 to 24	5 additional cases
	Decreases Compared to Placebo
25 to 64	1 fewer case
≥ 65	6 fewer cases

No suicides occurred in any of the pediatric trials. There were suicides in the adult trials, but the number was not sufficient to reach any conclusion about drug effect on suicide.

It is unknown whether the suicidality risk extends to longer-term use, i.e., beyond several months. However, there is substantial evidence from placebo-controlled maintenance trials in adults with depression that the use of antidepressants can delay the recurrence of depression.

**All patients being treated with antidepressants for any indication should be monitored appropriately and observed closely for clinical worsening, suicidality, and unusual changes in behavior, especially during the initial few months of a course of drug therapy, or at times of dose changes, either increases or decreases.**

The following symptoms, anxiety, agitation, panic attacks, insomnia, irritability, hostility, aggressiveness, impulsivity, akathisia (psychomotor restlessness), hypomania, and mania, have been reported in adult and pediatric patients being treated with antidepressants for Major Depressive Disorder as well as for other indications, both psychiatric and nonpsychiatric. Although a causal link between the emergence of such symptoms and either the worsening of depression and/or the emergence of suicidal impulses has not been established, there is concern that such symptoms may represent precursors to emerging suicidality.

Consideration should be given to changing the therapeutic regimen, including possibly discontinuing the medication, in patients whose depression is persistently worse, or who are experiencing emergent suicidality or symptoms that might be precursors to worsening depression or suicidality, especially if these symptoms are severe, abrupt in onset, or were not part of the patient's presenting symptoms.

If the decision has been made to discontinue treatment, medication should be tapered, as rapidly as is feasible, but with recognition that abrupt discontinuation can be associated with certain symptoms [see *Warnings and Precautions* (5.15)]. Families and caregivers of patients being treated with antidepressants for Major Depressive Disorder or other indications, both psychiatric and nonpsychiatric, should be alerted about the need to monitor patients for the emergence of agitation, irritability, unusual changes in behavior, and the other symptoms described above, as well as the emergence of suicidality, and to report such symptoms immediately to health care providers. Such monitoring should include daily observation by families and caregivers. Prescriptions for fluoxetine should be written for the smallest quantity of tablets consistent with good patient management, in order to reduce the risk of overdose.

It should be noted that fluoxetine is approved in the pediatric population for Major Depressive Disorder and Obsessive Compulsive Disorder.

**5.2 Serotonin Syndrome**

The development of a potentially life-threatening serotonin syndrome has been reported with SNRIs and SSRIs, including fluoxetine, alone but particularly with concomitant use of other serotonergic drugs (including triptans, tricyclic antidepressants, fentanyl, lithium, tramadol, tryptophan, buspirone, amphetamines, and St. John's Wort) and with drugs that impair metabolism of serotonin (in particular, MAOIs, both those intended to treat psychiatric disorders and also others, such as linezolid and intravenous methylene blue).

Serotonin syndrome symptoms may include mental status changes (e.g., agitation, hallucinations, delirium, and coma), autonomic instability (e.g., tachycardia, labile blood pressure, dizziness, diaphoresis, flushing, hyperthermia), neuromuscular symptoms (e.g., tremor, rigidity, myoclonus, hyperreflexia, incoordination), seizures, and/or gastrointestinal symptoms (e.g., nausea, vomiting, diarrhea). Patients should be monitored for the emergence of serotonin syndrome.

The concomitant use of fluoxetine with MAOIs intended to treat psychiatric disorders is contraindicated. Fluoxetine should also not be started in a patient who is being treated with MAOIs such as linezolid or intravenous methylene blue. All reports with methylene blue that provide information on the route of administration involved intravenous administration in the dose range of 1 mg/kg to 8 mg/kg. No reports involving the administration of methylene blue by other routes (such as oral tablets or local tissue injection) or at lower doses. There may be circumstances when it is necessary to initiate treatment with an MAOI such as linezolid or intravenous methylene blue in a patient taking fluoxetine. Fluoxetine should be discontinued before initiating treatment with the MAOI [see *Contraindications* (4.1) and *Dosage and Administration* (2.9, 2.10)].

If concomitant use of fluoxetine with other serotonergic drugs, i.e., triptans, tricyclic antidepressants, fentanyl, lithium, tramadol, buspirone, tryptophan, amphetamines, and St. John's Wort is clinically warranted, patients should be made aware of a potential increased risk for serotonin syndrome, particularly during treatment initiation and dose increases.

Treatment with fluoxetine and any concomitant serotonergic agents, should be discontinued immediately if the above events occur and supportive symptomatic treatment should be initiated.

performance, cited in product labeling, are likely to underestimate their actual incidence. In patients enrolled in U.S. Major Depressive Disorder, OCD, and bulimia placebo-controlled clinical trials, decreased libido was the only sexual side effect reported by at least 2% of patients taking fluoxetine (4% fluoxetine, < 1% placebo). There have been spontaneous reports in women taking fluoxetine of orgasmic dysfunction, including anorgasmia.

There are no adequate and well-controlled studies examining sexual dysfunction with fluoxetine treatment.

Symptoms of sexual dysfunction occasionally persist after discontinuation of fluoxetine treatment.

Priapism has been reported with all SSRIs.

While it is difficult to know the precise risk of sexual dysfunction associated with the use of SSRIs, physicians should routinely inquire about such possible side effects.

### 6.2 Other Reactions

Following is a list of treatment-emergent adverse reactions reported by patients treated with fluoxetine in clinical trials. This listing is not intended to include reactions (1) already listed in previous tables or elsewhere in labeling, (2) for which a drug cause was remote, (3) which were so general as to be uninformative, (4) which were not considered to have significant clinical implications, or (5) which occurred at a rate equal to or less than placebo.

Reactions are classified by body system using the following definitions: frequent adverse reactions are those occurring in at least 1/100 patients; infrequent adverse reactions are those occurring in 1/100 to 1/1000 patients; rare reactions are those occurring in fewer than 1/1000 patients.

**Body as a Whole** — *Frequent:* chills; *Infrared:* suicide attempt; *Rare:* acute abdominal syndrome, photosensitivity reaction.

**Cardiovascular System** — *Frequent:* palpitation; *Infrequent:* arrhythmia, hypotension<sup>1</sup>.

**Digestive System** — *Infrequent:* dysphagia, gastritis, gastroenteritis, melena, stomach ache, *Rare:* bloody diarrhea, duodenal ulcer, esophageal ulcer, gastrointestinal hemorrhage, hematemesis, hepatitis, peptic ulcer, stomach ulcer, hemorrhage.

**Hemic and Lymphatic System** — *Infrequent:* ecchymosis; *Rare:* petechia, purpura.

**Investigations** — *Frequent:* QT interval prolongation (QTcF  $\geq$ 450 msec)<sup>2</sup>.

**Nervous System** — *Frequent:* emotional lability, *Infrequent:* akathisia, ataxia, balance disorder<sup>1</sup>, bruxism<sup>1</sup>, bulimic syndrome, depression, dizziness, euphoria, hypertonia, libido increased, myoclonus, paranoid reaction; *Rare:* delusions.

**Respiratory System** — *Rare:* larynx edema.

**Skin and Appendages** — *Infrequent:* alopecia; *Rare:* purpuric rash.

**Special Senses** — *Frequent:* taste perversion; *Infrequent:* mydriasis.

**Urogenital System** — *Frequent:* micturition disorder; *Infrequent:* dysuria, gynecological bleeding<sup>2</sup>.

1 MedDRA dictionary term from integrated database of placebo controlled trials of 15,870 patients, of which 9673 patients received fluoxetine.

2 Group term that includes individual MedDRA terms: cervix hemorrhage uterine, dysfunctional uterine bleeding, genital hemorrhage, menometrorrhagia, menorrhagia, metrorrhagia, polymenorrhea, postmenopausal hemorrhage, uterine hemorrhage, vaginal hemorrhage. Adjusted for gender.

3 QT prolongation data are based on routine ECG measurements in clinical trials.

### 6.3 Postmarketing Experience

The following adverse reactions have been identified during post approval use of fluoxetine. Because these reactions are reported voluntarily from a population of uncertain size, it is difficult to reliably estimate their frequency or evaluate a causal relationship to drug exposure.

Voluntary reports of adverse reactions temporally associated with fluoxetine that have been received since market introduction and that may have no causal relationship with the drug include the following: apasic anemia, atrial fibrillation<sup>1</sup>, cataract, cerebrovascular accident<sup>1</sup>, cholestatic jaundice, dyskinesia (including, for example, a case of buccal-lingual-masticatory syndrome with involuntary tongue protrusion reported to develop in a 77-year-old female after 5 weeks of fluoxetine therapy and which completely resolved over the next few months following drug discontinuation), eosinophilic pneumonia<sup>1</sup>, epidermal necrolysis, erythema multiforme, erythema nodosum, foliolate dermatitis, glaucoma, hemiparesis, heart arrest<sup>1</sup>, hepatic failure, hypotension, hyperproliferative hypoglycemia, immune-related hemolytic anemia, kidney failure<sup>1</sup>, memory impairment, movement disorder developing in patients with risk factors including drugs associated with such reactions and worsening of preexisting movement disorders, optic neuritis, pancreatitis<sup>1</sup>, pancytopenia, myocardial embolism, pulmonary hypertension, QT prolongation, Stevens-Johnson syndrome, thrombocytopenia<sup>1</sup>, thrombocytopenic purpura, ventricular tachycardia (including Torsades de Pointes-type arrhythmias), vaginal bleeding, and violent behaviors<sup>1</sup>.

<sup>1</sup> These terms represent serious adverse events, but do not meet the definition for adverse drug reactions. They are included here because of their seriousness.

### 7. DRUG INTERACTIONS

As with all drugs, the potential for interaction by a variety of mechanisms (e.g., pharmacodynamic, pharmacokinetic drug inhibition or enhancement, etc.) is a possibility.

#### 7.1 Monoamine Oxidase Inhibitors (MAOI)

*See Dosage and Administration (2.9, 2.10), Contraindications (4.1), and Warnings and Precautions (5.2).*

#### 7.2 CNS Acting Drugs

Caution is advised if the concomitant administration of fluoxetine and such drugs is required. In evaluating individual cases, consideration should be given to using lower initial doses of the concomitantly administered drugs, using conservative titration schedules, and monitoring of clinical status *[see Clinical Pharmacology (12.3)].*

#### 7.3 Serotonergic Drugs

*See Dosage and Administration (2.9, 2.10), Contraindications (4.1), and Warnings and Precautions (5.2).*

#### 7.4 Drugs That Interfere With Hemostasis (e.g., NSAIDs, Aspirin, Warfarin)

Serotonin release by platelets plays an important role in hemostasis. Pharmacological studies of the case-control and cohort design that have demonstrated an association between use of psychotropic drugs that interfere with serotonin reuptake and the occurrence of upper gastrointestinal bleeding have also shown that concurrent use of an NSAID or aspirin may potentiate the risk of bleeding. Altered anticoagulant effects, including increased bleeding, have been reported when SNRIs or SSRIs are coadministered with warfarin. Patients receiving warfarin therapy should be carefully monitored when fluoxetine is initiated or discontinued *[see Warnings and Precautions (5.7)].*

There are no clinical studies establishing the benefit of the combined use of ECT and fluoxetine. There have been rare reports of prolonged seizures in patients on fluoxetine receiving ECT treatment.

#### 7.6 Potential for Other Drugs to Affect Fluoxetine

*Drugs Tightly Bound to Plasma Proteins* — Because fluoxetine is tightly bound to plasma proteins, adverse effects may result from displacement of protein-bound fluoxetine by other tightly-bound drugs *[see Clinical Pharmacology (12.3)].*

#### 7.7 Potential for Fluoxetine to Affect Other Drugs

*Pimozide* — Concomitant use in patients taking pimozide is contraindicated. Pimozide can prolong the QT interval. Fluoxetine can increase the level of pimozide through inhibition of CYP2D6. Fluoxetine can also prolong the QT interval. Clinical studies of pimozide with other antidepressants demonstrate an increase in drug interaction or QT prolongation. While a specific study with pimozide and fluoxetine has not been conducted, the potential for drug interactions or QT prolongation warrants restricting the concurrent use of pimozide and fluoxetine *[see Contraindications (4.2), Warnings and Precautions (5.11), and Drug Interactions (7.8)].*

*Thioridazine* — Thioridazine should not be administered with fluoxetine or within a minimum of 5 weeks after fluoxetine has been discontinued, because of the risk of QT prolongation *[see Contraindications (4.2), Warnings and Precautions (5.11), and Drug Interactions (7.8)].*

In a study of 19 healthy male subjects, which included 6 slow and 13 rapid hydroxylators of debrisoquin, a single 25 mg oral dose of thioridazine produced a 2.4 fold higher C<sub>max</sub> and a 4.5 fold higher AUC for thioridazine in the slow hydroxylators compared with the average of the rapid hydroxylators. It is therefore recommended that the level of CYP2D6 isozyme activity, which this study suggests that drugs which inhibit CYP2D6, such as certain SSRIs, including fluoxetine, will produce elevated plasma levels of thioridazine.

Thioridazine administration produces a dose-related prolongation of the QT interval, which is associated with serious ventricular arrhythmias, such as Torsades de Pointes-type arrhythmias, and sudden death. This risk is expected to increase with fluoxetine-induced inhibition of thioridazine metabolism.

*Drugs Metabolized by CYP2D6* — Fluoxetine inhibits the activity of CYP2D6, and may make individuals with normal CYP2D6 metabolic activity resemble a poor metabolizer. Coadministration of fluoxetine with other drugs that are metabolized by CYP2D6, including certain antidepressants (e.g., TCAs), antiarrhythmics (e.g., phenothiazines and most atypical), and antiarrhythmics (e.g., propafenone, flecainide, and others) should be approached with caution. Therapy with medications that are predominantly metabolized by the CYP2D6 system and that have a relatively narrow therapeutic index (see list below) should be initiated at the low end of the dose range if a patient is receiving fluoxetine concurrently or has taken it in the previous 5 weeks. Thus, his/her dosing requirements resemble those of poor metabolizers. If fluoxetine is added to the treatment regimen of a patient already receiving fluoxetine metabolized by CYP2D6, the need for decreased doses of the concomitant medication should be considered. Drugs with a narrow therapeutic index and the greatest concern (e.g., flecainide, propafenone, vinblastine, and TCAs). Due to the risk of serious ventricular arrhythmias and sudden death potentially associated with elevated plasma levels of thioridazine, thioridazine should not be administered with fluoxetine or within a minimum of 5 weeks after fluoxetine has been discontinued *[see Contraindications (4.2)].*

*Tricyclic Antidepressants (TCAs)* — In 2 studies, previously stable plasma levels of imipramine and desipramine have increased greater than 2 to 10 fold when fluoxetine has been administered in combination. This influence may persist for 3 weeks or longer after fluoxetine is discontinued. Thus, the dose of TCAs may need to be reduced and plasma TCA concentrations may need to be monitored temporarily when desipramine or has been recently discontinued *[see Warnings and Precautions (5.2) and Clinical Pharmacology (12.3)].*

*Benzodiazepines* — The half-life of concurrently administered diazepam may be prolonged in some patients *[see Clinical Pharmacology (12.3)].* Coadministration of alprazolam and fluoxetine has resulted in increased alprazolam plasma concentrations and in further psychomotor performance decrement due to increased alprazolam levels.

*Antipsychotics* — Some clinical data suggests a possible pharmacodynamic and/or pharmacokinetic interaction between SSRIs and antipsychotics. Elevation of blood levels of haloperidol and clozapine has been observed in patients receiving concomitant fluoxetine.

*Anticoagulants* — Patients on stable doses of phenytoin and carbamazepine have developed elevated plasma anticoagulant concentrations and clinical anticoagulant toxicity following initiation of concomitant fluoxetine treatment.

*Lithium* — There have been reports of both increased and decreased lithium levels when lithium was used concomitantly with fluoxetine. Cases of lithium toxicity and increased serotonergic effects have been reported. Lithium levels should be monitored when these drugs are administered concomitantly *[see Warnings and Precautions (5.2)].*

*Drugs Tightly Bound to Plasma Proteins* — Because fluoxetine is tightly bound to plasma proteins, the administration of fluoxetine to a patient taking another drug that is tightly bound to protein (e.g., Coumadin<sup>®</sup>, digoxin) may cause a shift in plasma concentrations potentially resulting in an adverse effect *[see Clinical Pharmacology (12.3)].*

*Drugs Metabolized by CYP3A4* — In an *in vivo* interaction study involving coadministration of fluoxetine with single doses of terfenadine (a CYP3A4 substrate), no increase in plasma terfenadine concentrations occurred with concomitant fluoxetine.

Additionally, *in vitro* studies have shown ketoconazole, a potent inhibitor of CYP3A4 activity, to be at least 100 times more potent than fluoxetine or norfluoxetine as an inhibitor of the metabolism of several substrates for this enzyme, including astemizole, cisapride, and midazolam. These data indicate that fluoxetine's extent of inhibition of CYP3A4 activity is not likely to be of clinical significance.

*Olanzapine* — Fluoxetine (60 mg single dose or 60 mg daily dose for 8 days) causes a small (mean 16%) increase in the maximum concentration of olanzapine and a small (mean 16%) decrease in olanzapine clearance. The magnitude of the impact of this factor is small in comparison to the overall variability between individuals, and therefore dose modification is not routinely recommended.

*When using fluoxetine and olanzapine and in combination, also refer to the Drug Interactions section of the package insert for Symbyax.*

### 7.8 Drugs That Prolong the QT Interval

Do not use fluoxetine in combination with thioridazine or pimozide. Use fluoxetine with caution in combination with other drugs that cause QT prolongation. These include: specific antiarrhythmics (e.g., ziprasidone, loperidone, chlorpromazine, mesoridazine, droperidol); specific antibiotics (e.g., erythromycin, gatifloxacin, moxifloxacin, sparfloxacin); Class 1A antiarrhythmic medications (e.g., quinidine, procainamide); Class III antiarrhythmics (e.g., amiodarone, sotalol); and others (e.g., pentamidine, levomethadyl acetate, mefloquine, halofantrine, mefloquine, doxylamine mesylate, prochloro or tacrolimus). Fluoxetine is primarily metabolized by CYP2D6. Concomitant treatment with CYP2D6 inhibitors can increase the concentration of fluoxetine. Concomitant use of other highly protein-bound drugs can increase the concentration of fluoxetine *[see Contraindications (4.2), Warnings and Precautions (5.11), Drug Interactions (7.7), and Clinical Pharmacology (12.3)].*

### 8 USE IN SPECIFIC POPULATIONS

*When using fluoxetine and olanzapine in combination, also refer to the Use in Specific Populations section of the package insert for Symbyax.*

### 8.1 Pregnancy

**Pregnancy Category C** — Fluoxetine should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. All pregnancies have a background risk of birth defects, loss, or other adverse outcome regardless of drug exposure.

*Treatment of Pregnant Women during the First Trimester* — There are no adequate and well-controlled clinical studies on the use of fluoxetine in pregnant women. Results of a number of published epidemiological studies assessing the risk of fluoxetine exposure during the first trimester of pregnancy have demonstrated inconsistent results. More than 10 cohort studies and case-control studies failed to demonstrate an increased risk for congenital malformations overall. However, one prospective cohort epidemiological study suggests a positive effect of Teratology Information Services reported an increased risk of cardiovascular malformations in infants born to women (N = 253) exposed to fluoxetine during the first trimester of pregnancy compared to infants of women (N = 1359) who were not exposed to fluoxetine. There was no specific pattern of cardiovascular malformations. Overall, however, a causal relationship has not been established.

*Nonteratogenic Effects* — Neonates exposed to fluoxetine and other SSRIs or serotonin and norepinephrine reuptake inhibitors (SNRIs), late in the third trimester have developed complications requiring prolonged hospitalization, respiratory support, and tube feeding. Such complications can arise immediately upon delivery. Reported clinical findings have included respiratory distress, cyanosis, apnea, seizures, temperature instability, feeding difficulty, vomiting, hypoglycemia, hypotonia, hypertonia, hyperreflexia, tremor, jitteriness, irritability, and constant crying. These features are consistent with either a direct toxic effect of SSRIs and SNRIs or, possibly, a drug discontinuation syndrome. It should be noted that, in some cases, the clinical picture is consistent with serotonin syndrome *[see Warnings and Precautions (5.2)].*

Infants exposed to SSRIs in pregnancy may have an increased risk for persistent pulmonary hypertension of the newborn (PPHN). PPHN occurs in 1 to 2 per 1,000 live births in the general population and is associated with substantial neonatal morbidity and mortality. Several recent epidemiological studies suggest a positive statistical association between SSRI use (including fluoxetine) in pregnancy and PPHN. Other studies do not show a significant statistical association.

Physicians should also note the results of a prospective longitudinal study of 201 pregnant women with a history of major depression, who were either on antidepressants or had received antidepressants less than 12 weeks prior to their last menstrual period, and were in remission. Women who discontinued antidepressant medication during pregnancy showed a significant increase in relapse of their major depression compared to those women who remained on antidepressant medication throughout pregnancy. Consider the possibility of multi-drug overdose. When treating a pregnant woman with fluoxetine, the physician should carefully consider both the potential risks of taking an SSRI, along with the established benefits of treating depression with an antidepressant. The decision can only be made on a case by case basis *[see Dosage and Administration (2.7)].*

*Animal Data* — In embryo-fetal development studies in rats and rabbits, there was no evidence of teratogenicity following administration of fluoxetine at doses up to 12.5 and 15 mg/kg/day, respectively (1.5 and 3.6 times, respectively, the maximum recommended human dose (MRHD) of 80 mg on a mg/m<sup>2</sup> basis) throughout organogenesis. However, in rat reproduction studies, an increase in stillborn pups, a decrease in pup weight, and an increase in pup deaths during the first 7 days postpartum occurred following maternal exposure to 12 mg/kg/day (1.5 times the MRHD on a mg/m<sup>2</sup> basis) during gestation or 7.5 mg/kg/day (0.9 times the MRHD on a mg/m<sup>2</sup> basis) during gestation and lactation. There was no evidence of developmental neurotoxicity in the surviving offspring of rats treated with 12 mg/kg/day during gestation. The no-effect dose for rat pup mortality was 5 mg/kg/day (0.6 times the MRHD on a mg/m<sup>2</sup> basis).

### 8.2 Labor and Delivery

The effect of fluoxetine on labor and delivery in humans is unknown. However, because fluoxetine crosses the placenta and because of the possibility that fluoxetine may have adverse effects on the newborn, fluoxetine should be used during labor and delivery only if the potential benefit justifies the potential risk to the fetus.

### 8.3 Nursing Mothers

Because fluoxetine is excreted in human milk, nursing while on fluoxetine is not recommended. In one breast-milk sample, the concentration of fluoxetine plus norfluoxetine was 70.4 ng/mL. The concentration in the mother's plasma was 295.0 ng/mL. No adverse effects on the infant were reported. In another case, an infant nursed by a mother on fluoxetine developed crying, sleep disturbance, vomiting, and watery stools. The infant's plasma drug levels were 340 ng/mL of fluoxetine and 208 ng/mL of norfluoxetine on the second day of feeding.

### 8.4 Pediatric Use

*Use of Fluoxetine in Children* — The efficacy of fluoxetine for the treatment of Major Depressive Disorder was demonstrated in two 6 to 8 week placebo-controlled clinical trials with 315 pediatric outpatients ages 8 to < 18 *[see Clinical Studies (14.1)].*

The efficacy of fluoxetine for the treatment of OCD was demonstrated in one 13 week placebo-controlled clinical trial with 103 pediatric outpatients ages 7 to < 18 *[see Clinical Studies (14.2)].*

The safety and effectiveness in pediatric patients < 8 years of age in Major Depressive Disorder and < 7 years of age in OCD have not been established.

Fluoxetine pharmacokinetics were evaluated in 21 pediatric patients (ages 6 to ≤ 18) with Major Depressive Disorder or OCD *[see Clinical Pharmacology (12.3)].*

The acute adverse reaction profiles observed in the 3 studies (N = 418 randomized; 228 fluoxetine-treated, 190 placebo-treated) were generally similar to that observed in adult studies with fluoxetine. The longer-term adverse reaction profile observed in the 19 week Major Depressive Disorder study (N = 219 randomized; 109 fluoxetine-treated, 110 placebo-treated) was also similar to that observed in adult trials with fluoxetine *[see Adverse Reactions (6.7)].* Manic reaction, including mania and hypomania, was reported in 6 (1 mania, 5 hypomania) out of 228 (0.9%) fluoxetine-treated patients and in 0 out of 190 (0%) placebo-treated patients. Mania/hypomania led to the discontinuation of 4 (1.8%) fluoxetine-treated patients from the acute phases of the 3 studies combined. Consequently, regular monitoring for the occurrence of mania/hypomania is recommended.

As with other SSRIs, decreased weight gain has been observed in association with the use of fluoxetine in children and adolescent patients. After 19 weeks of treatment in a clinical trial, pediatric subjects treated with fluoxetine gained an average of 1.1 cm less in height and 1.1 kg less in weight than subjects treated with placebo. In addition, fluoxetine treatment was associated with a decrease in alkaline phosphatase levels. The safety of fluoxetine treatment for pediatric patients has not been systematically assessed for chronic treatment and longer than seven months in duration. In particular, there are no studies that directly evaluate the longer-term effects of fluoxetine on the growth, development and maturation of children and adolescent patients. Therefore, height and weight should be monitored periodically in pediatric patients receiving fluoxetine *[see Warnings and Precautions (5.6)].* Fluoxetine is approved for use in pediatric patients with MDD and OCD *[see Box Warning and Warnings and Precautions (5.1)].* Anyone considering the use of fluoxetine in a child or adolescent must balance the potential risks with the clinical need.

*Animal Data* - Significant toxicity on muscle tissue, neurobehavior, reproductive organs, and bone development has been observed following exposure of juvenile rats to fluoxetine from weaning through maturity. Oral administration of fluoxetine to rats from weaning postnatal day 21 through adult hood day 90 at 3, 10, or 30 mg/kg/day was associated with testicular degeneration and necrosis, epididymal vacuolation and hypospermia (at 30 mg/kg/day corresponding to plasma exposures [AUC] approximately 5 to 10 times the average AUC in pediatric patients at the MRHD of 20 mg/day), increased serum levels of creatine kinase (at AUC as low as 1 to 2 times the average AUC in pediatric patients at the MRHD of 20 mg/day), skeletal muscle degeneration and necrosis, decreased femur length (relative to body weight gain) at AUC 5 to 10 times the average AUC in pediatric patients at the MRHD of 20 mg/day. The high doses of 30 mg/kg/day exceeded a maximum tolerated dose. When animals were evaluated after a drug-free period (up to 11 weeks after cessation of dosing), fluoxetine was associated with neurobehavioral abnormalities (decreased reactivity to AUC as low as approximately 0.1 to 0.2 times the average AUC in pediatric patients at the MRHD and learning deficit at the high dose), and reproductive functional impairment (decreased mating at all doses and impaired fertility at the high dose). In addition, the testicular and epididymal microscopic lesions and decreased sperm concentrations found in high dose groups were also observed, indicating that the acute effects on reproductive organs are irreversible. The reversibility of fluoxetine-induced muscle damage was not assessed.

These fluoxetine toxicities in juvenile rats have not been observed in adult animals. Plasma exposures (AUC) to fluoxetine in juvenile rats receiving 3, 10, or 30 mg/kg/day doses in this study are approximately 0.1 to 0.2, 1 to 2, and 5 to 10 times, respectively, the average exposure in pediatric patients receiving the MRHD of 20 mg/day. Rat exposures to the major metabolite, norfluoxetine, are approximately 0.3 to 0.8, 1 to 8, and 3 to 20 times, respectively, the pediatric exposure at the MRHD.

A specific effect on bone development was reported in juvenile mice administered fluoxetine by the intraperitoneal route to a week old mice for 4 weeks at doses 0.5 and 2 times the oral MRHD of 20 mg/day on a mg/m<sup>2</sup> basis. There was a decrease in bone mineralization and density at both doses, but the overall growth (body weight gain or femur length) was not affected.

### 8.5 Geriatric Use

U.S. fluoxetine clinical trials included 687 patients  $\geq$  65 years of age and 93 patients  $\geq$  75 years of age. The efficacy in geriatric patients has been established *[see Clinical Studies (14.1)].* For pharmacokinetic information in geriatric patients, *[see Clinical Pharmacology (12.4)].* No overall differences in safety or effectiveness were observed between these subjects and younger subjects, and other reported clinical experience has not identified differences in responses between the elderly and younger patients, but greater sensitivity of some elderly patients and patients on SNRIs and SSRIs to antidepressant therapy have been associated with increased cases of clinically significant hyponatremia in elderly patients, who may be at greater risk for this adverse reaction *[see Warnings and Precautions (5.9)].*

### 8.6 Hepatic Impairment

In subjects with cirrhosis of the liver, the clearances of fluoxetine and its active metabolite, norfluoxetine, were decreased, thus increasing the elimination half-lives of these substances. A lower or less frequent dose of fluoxetine might be used in patients with cirrhosis. Caution is advised when using fluoxetine in patients with diseases or conditions that could affect its metabolism *[see Dosage and Administration (2.7) and Clinical Pharmacology (12.4)].*

### 9 DRUG ABUSE AND DEPENDENCE

### 9.3 Dependence

Fluoxetine has not been systematically studied, in animals or humans, for its potential for abuse, tolerance, or physical dependence. While the premarketing clinical experience with fluoxetine did not reveal any tendency for a withdrawal syndrome or any drug seeking behavior, these observations were not systematic and it is not possible to predict on the basis of this limited experience the extent to which a CNS active drug will be misused, diverted, and/or abused once marketed. Consequently, physicians should carefully evaluate patients for history of drug abuse and follow such patients closely, observing them for signs of misuse or abuse of fluoxetine (e.g., development of tolerance, incrementation of dose, drug-seeking behavior).

### 10 OVERDOSAGE

#### 10.1 Human Experience

Worldwide exposure to fluoxetine hydrochloride is estimated to be over 38 million patients (circa 1999). Of the 1578 cases of overdose involving fluoxetine hydrochloride, alone or with other drugs, reported from this population, there were 195 deaths.

Among 633 adult patients who overdosed on fluoxetine hydrochloride alone, 34 resulted in a fatal outcome, 378 completely recovered, and 15 patients experienced sequelae after overdosage, including abnormal accommodation, abnormal gait, confusion, incooperativeness, nervousness, pulmonary dysfunction, tremor, elevated blood pressure, euphoria, movement disorder, and hypomania. The remaining 206 patients had an unknown outcome. The most common signs and symptoms associated with non-fatal overdosage were seizures, somnolence, nausea, tachycardia, and vomiting. The largest known ingestion of fluoxetine hydrochloride in adult patients was 8 grams in a patient who took fluoxetine alone and who subsequently recovered. However, in an adult patient who took fluoxetine alone, an ingestion as low as 520 mg has been associated with lethal outcome, but causality has not been established.

Among pediatric patients (ages 3 months to 17 years), there were 156 cases of overdose involving fluoxetine alone or in combination with other drugs. Six patients died, 127 patients completely recovered, 1 patient required intensive renal dialysis, and 22 patients had an unknown outcome. One of the six fatalities was a 9-year-old boy who had a history of OCD, Tourette's syndrome with tics, attention deficit disorder, and fetal alcohol syndrome. He had been receiving 100 mg of fluoxetine daily for 6 months in addition to clonidine, methylphenidate, and promethazine. Mixed-drug ingestion or other methods of suicide complicated all 6 overdoses in children that resulted in fatalities. The largest ingestion in pediatric patients was 3 grams which was nonlethal.

Other important adverse reactions reported with fluoxetine overdose (single or multiple drugs) include coma, delirium, ECG abnormalities (such as normal rhythm, QT interval prolongation and ventricular arrhythmias, including Torsades de Pointes-type arrhythmias), hypotension, mania, neuroleptic malignant syndrome-like reactions, pyrexia, xerophthalmia, and syncope.

#### 10.2 Animal Experience

Studies in animals do not provide precise or necessarily valid information about the treatment of human overdose. However, animal experiments can provide useful insights into possible treatment strategies.

The oral median lethal dose in rats and mice was found to be 452 and 248 mg/kg, respectively. Acute high oral doses produced hyperirritability and convulsions in several animal species.

Among 6 dogs purposely overdosed with oral fluoxetine, 5 experienced grand mal seizures. Seizures stopped immediately upon the bolus intravenous administration of a standard veterinary dose of diazepam. In this short-term study, the lowest plasma concentration at which a seizure occurred was only twice the maximum plasma concentration of the fatal dose in humans taking 80 mg/day chronically.

In a separate single-dose study, the ECG of dogs given high doses did not reveal prolongation of the PR, QRS, or QT intervals. Tachycardia and an increase in blood pressure were observed. Consequently, the value of the ECG in predicting cardiac toxicity is unknown. Nonetheless, the ECG should ordinarily be monitored in cases of human overdose *[see Overdosage (10.3)].*

### 10.3 Management of Overdose

For current information on the management of fluoxetine overdose, contact a certified poison control center (1-800-222-1222 or www.poison.org). Treatment should consist of those general measures employed in the management of overdose with any drug. Consider the possibility of multiple drug overdose.

Ensure an adequate airway, oxygenation, and ventilation. Monitor cardiac rhythm and vital signs. Use general supportive and symptomatic measures. Induction of emesis is not recommended.

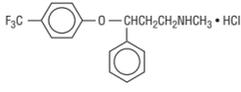
Activated charcoal should be administered. Due to the large volume of distribution of this drug, forced diuresis, dialysis, hemoperfusion, and exchange transfusion are unlikely to be of benefit. No specific antidotes for fluoxetine are known.

A specific caution involves patients who are taking or have recently taken fluoxetine and might ingest excessive quantities of a TCA. In such a case, accumulation of the parent tricyclic and/or an active metabolite may increase the possibility of clinically significant sequelae and extend the time needed for close medical observation *[see Drug Interactions (7.7)].*

For specific information about overdosage with olanzapine and fluoxetine in combination, refer to the Overdosage section of the Symbyax package insert.

### 11 DESCRIPTION

Fluoxetine tablets USP are a selective serotonin reuptake inhibitor for oral administration. They are also marketed for the treatment of premenstrual dysphoric disorder (Sarafem<sup>®</sup>, fluoxetine hydrochloride). It is designated (±)-N-methyl-3-phenyl-3-( $\alpha,\alpha,\alpha$ -trifluoro-p-tolyl)oxy]propylamine hydrochloride and has the following structural formula:



C<sub>17</sub>H<sub>18</sub>F<sub>3</sub>NH<sub>3</sub>Cl M.W. 345.79

Fluoxetine hydrochloride, USP is a white to off-white crystalline solid with a solubility of 14 mg/mL in water. Each tablet contains fluoxetine hydrochloride, USP equivalent to 10 mg (32.3 µmol) or 20 mg (64.7 µmol) of fluoxetine. In addition, each tablet also contains the following inactive ingredients: hypromellose, lactose monohydrate, magnesium stearate, microcrystalline cellulose, polyethylene glycol, povidone, pregelatinized corn starch, talc, and titanium dioxide. Additionally, the 10 mg strength contains: D&C Yellow #1 aluminum lake, FD&C Blue #2 aluminum lake, and FD&C Yellow #6 aluminum lake.

### 12 CLINICAL PHARMACOLOGY

#### 12.1 Mechanism of Action

Although the exact mechanism of fluoxetine is unknown, it is presumed to be linked to its inhibition of CNS neuronal uptake of serotonin.

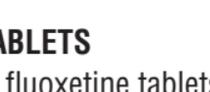
#### 12.2 Pharmacodynamics

Studies at clinically relevant doses in man have demonstrated that fluoxetine blocks the uptake of serotonin into human platelets. Studies in animals also suggest that fluoxetine is a much more potent uptake inhibitor of serotonin than of norepinephrine.

Antagonism of muscarinic, histaminergic, and  $\alpha_1$ -adrenergic receptors has been hypothesized to be associated with various antiemetic, sedative, and cardiovascular effects of classical tricyclic antidepressant (TCA) drugs. Fluoxetine binds to these and other membrane receptors from brain tissue much less potently *in vitro* than do the tricyclic drugs.

#### 12.3 Pharmacokinetics

## Fluoxetine Tablets USP MEDICATION GUIDE



### Medication Guide FLUOXETINE (floo-OX-e-teen) TABLETS

Read the Medication Guide that comes with fluoxetine tablets before you start taking them and each time you get a refill. There may be new information. This Medication Guide does not take the place of talking to your healthcare provider about your medical condition or treatment. Talk with your healthcare provider if there is something you do not understand or want to learn more about.

#### What is the most important information I should know about fluoxetine tablets?

Fluoxetine tablets and other antidepressant medicines may cause serious side effects, including:

##### 1. Suicidal thoughts or actions:

- **Fluoxetine tablets and other antidepressant medicines may increase suicidal thoughts or actions** in some children, teenagers, or young adults within the **first few months of treatment or when the dose is changed**.
- Depression or other serious mental illnesses are the most important causes of suicidal thoughts or actions.
- Watch for these changes and call your healthcare provider right away if you notice:
  - New or sudden changes in mood, behavior, actions, thoughts, or feelings, especially if severe.
  - Pay particular attention to such changes when fluoxetine tablets are started or when the dose is changed.

Keep all follow-up visits with your healthcare provider and call between visits if you are worried about symptoms.

#### Call your healthcare provider right away if you have any of the following symptoms, or call 911 if an emergency, especially if they are new, worse, or worry you:

- attempts to commit suicide
- acting on dangerous impulses
- acting aggressive or violent
- thoughts about suicide or dying
- new or worse depression
- new or worse anxiety or panic attacks
- feeling agitated, restless, angry or irritable
- trouble sleeping
- an increase in activity or talking more than what is normal for you
- other unusual changes in behavior or mood

#### Call your healthcare provider right away if you have any of the following symptoms, or call 911 if an emergency. Fluoxetine may be associated with these serious side effects:

##### 2. Serotonin Syndrome. This condition can be life-threatening and may include:

- agitation, hallucinations, coma or other changes in mental status
- coordination problems or muscle twitching (overactive reflexes)
- racing heartbeat, high or low blood pressure
- sweating or fever
- nausea, vomiting, or diarrhea
- muscle rigidity
- dizziness
- flushing
- tremor
- seizures

##### 3. Severe allergic reactions:

- trouble breathing
- swelling of the face, tongue, eyes or mouth
- rash, itchy welts (hives) or blisters, alone or with fever or joint pain

##### 4. Abnormal bleeding:

Fluoxetine and other antidepressant medicines may increase your risk of bleeding or bruising, especially if you take the blood thinner warfarin (Coumadin®, Jantoven®), a non-steroidal anti-inflammatory drug (NSAIDs, like ibuprofen or naproxen), or aspirin.

##### 5. Visual problems:

- eye pain
- changes in vision
- swelling or redness in or around the eye

Only some people are at risk for these problems. You may want to undergo an eye examination to see if you are at risk and receive preventative treatment if you are.

##### 6. Seizures or convulsions

##### 7. Manic episodes:

- greatly increased energy
- severe trouble sleeping
- racing thoughts
- reckless behavior
- unusually grand ideas
- excessive happiness or irritability
- talking more or faster than usual

##### 8. Changes in appetite or weight.

Children and adolescents should have height and weight monitored during treatment.

##### 9. Low salt (sodium) levels in the blood.

Elderly people may be at greater risk for this. Symptoms may include:

- headache
- weakness or feeling unsteady
- confusion, problems concentrating or thinking or memory problems

##### 10. Changes in the electrical activity of your heart (QT prolongation and ventricular arrhythmia including Torsades de Pointes). This condition can be life threatening.

##### The symptoms may include:

- fast, slow, or irregular heartbeat
- shortness of breath
- dizziness or fainting

#### Do not stop fluoxetine tablets without first talking to your healthcare provider.

Stopping fluoxetine tablets too quickly may cause serious symptoms including:

- anxiety, irritability, high or low mood, feeling restless or changes in sleep habits
- headache, sweating, nausea, dizziness
- electric shock-like sensations, shaking, confusion

#### What are fluoxetine tablets?

Fluoxetine tablets are a prescription medicine used to treat depression. It is important to talk with your healthcare provider about the risks of treating depression and also the risks of not treating it. You should discuss all treatment choices with your healthcare provider.

Fluoxetine is used to treat:

- Major Depressive Disorder (MDD)
- Obsessive Compulsive Disorder (OCD)
- Bulimia Nervosa\*
- Panic Disorder\*

\*Not approved for use in children

Talk to your healthcare provider if you do not think that your condition is getting better with fluoxetine treatment.

#### Who should not take fluoxetine tablets?

Do not take fluoxetine tablets if you:

- are allergic to fluoxetine hydrochloride or any of the ingredients in fluoxetine tablets. See the end of this Medication Guide for a complete list of ingredients in fluoxetine tablets.
- take a Monoamine Oxidase Inhibitor (MAOI). Ask your healthcare provider or pharmacist if you are not sure if you take an MAOI, including the antibiotic linezolid.
  - Do not take an MAOI within 5 weeks of stopping fluoxetine tablets unless directed to do so by your physician.
  - Do not start fluoxetine tablets if you stopped taking an MAOI in the last 2 weeks unless directed to do so by your physician.

#### People who take fluoxetine tablets close in time to an MAOI may have serious or even life-threatening side effects. Get medical help right away if you have any of these symptoms:

- high fever
- uncontrolled muscle spasms
- stiff muscles
- rapid changes in heart rate or blood pressure
- confusion
- loss of consciousness (pass out)
- take **Mellaril® (thioridazine)**. Do not take Mellaril® within 5 weeks of stopping fluoxetine tablets because this can cause serious heart rhythm problems or sudden death.
- take the antipsychotic medicine **pimozide (Orap®)** because this can cause serious heart problems.

### What should I tell my healthcare provider before taking fluoxetine tablets? Ask if you are not sure.

Before starting fluoxetine tablets, tell your healthcare provider if you:

- Are taking certain drugs or treatments such as:
  - Triptans used to treat migraine headache
  - Medicines used to treat mood, anxiety, psychotic or thought disorders, including tricyclics, lithium, buspirone, SSRIs, SNRIs, MAOIs or antipsychotics
  - Amphetamines
  - Tramadol and fentanyl
  - Over-the-counter supplements such as tryptophan or St. John's Wort
  - Electroconvulsive therapy (ECT)
- have liver problems
- have kidney problems
- have heart problems
- have or had seizures or convulsions
- have bipolar disorder or mania
- have low sodium levels in your blood
- have a history of a stroke
- have high blood pressure
- have or had bleeding problems
- are pregnant or plan to become pregnant. It is not known if fluoxetine will harm your unborn baby. Talk to your healthcare provider about the benefits and risks of treating depression during pregnancy.
- are breast-feeding or plan to breast-feed. Some fluoxetine may pass into your breast milk. Talk to your healthcare provider about the best way to feed your baby while taking fluoxetine.

**Tell your healthcare provider about all the medicines that you take**, including prescription and non-prescription medicines, vitamins, and herbal supplements. Fluoxetine tablets and some medicines may interact with each other, may not work as well, or may cause serious side effects.

Your healthcare provider or pharmacist can tell you if it is safe to take fluoxetine tablets with your other medicines. Do not start or stop any medicine while taking fluoxetine tablets without talking to your healthcare provider first.

If you take fluoxetine tablets, you should not take any other medicines that contain fluoxetine hydrochloride including:

- Symbyax®
- Sarafem®
- Prozac® Weekly™

### How should I take fluoxetine tablets?

- Take fluoxetine tablets exactly as prescribed. Your healthcare provider may need to change the dose of fluoxetine tablets until it is the right dose for you.
- Fluoxetine tablets may be taken with or without food.
- If you miss a dose of fluoxetine tablets, take the missed dose as soon as you remember. If it is almost time for the next dose, skip the missed dose and take your next dose at the regular time. Do not take two doses of fluoxetine tablets at the same time.
- If you take too many fluoxetine tablets, call your healthcare provider or poison control center right away, or get emergency treatment.

### What should I avoid while taking fluoxetine tablets?

Fluoxetine tablets can cause sleepiness or may affect your ability to make decisions, think clearly, or react quickly. You should not drive, operate heavy machinery, or do other dangerous activities until you know how fluoxetine tablets affect you. Do not drink alcohol while using fluoxetine tablets.

### What are the possible side effects of fluoxetine tablets?

Fluoxetine tablets may cause serious side effects, including:

- See **“What is the most important information I should know about fluoxetine tablets?”**
- **Problems with blood sugar control.** People who have diabetes and take fluoxetine tablets may have problems with low blood sugar while taking fluoxetine tablets. High blood sugar can happen when fluoxetine tablets are stopped. Your healthcare provider may need to change the dose of your diabetes medicines when you start or stop taking fluoxetine tablets.
- **Feeling anxious or trouble sleeping**

Common possible side effects in people who take fluoxetine tablets include:

- unusual dreams
- sexual problems
- loss of appetite, diarrhea, indigestion, nausea or vomiting, weakness, or dry mouth
- flu symptoms
- feeling tired or fatigued
- change in sleep habits
- yawning
- sinus infection or sore throat
- tremor or shaking
- sweating
- feeling anxious or nervous
- hot flashes
- rash

Other side effects in children and adolescents include:

- increased thirst
- abnormal increase in muscle movement or agitation
- nose bleed
- urinating more often
- heavy menstrual periods
- possible slowed growth rate and weight change. Your child's height and weight should be monitored during treatment with fluoxetine tablets.

Tell your healthcare provider if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of fluoxetine tablets. For more information, ask your healthcare provider or pharmacist.

**CALL YOUR DOCTOR FOR MEDICAL ADVICE ABOUT SIDE EFFECTS. YOU MAY REPORT SIDE EFFECTS TO THE FDA AT 1-800-FDA-1088.**

### How should I store fluoxetine tablets?

- Store fluoxetine tablets at room temperature between 68° to 77°F (20° to 25°C).
- Keep fluoxetine tablets away from light.
- Keep fluoxetine tablets bottle closed tightly.

**Keep fluoxetine tablets and all medicines out of the reach of children.**

### General information about fluoxetine tablets

Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. Do not use fluoxetine tablets for a condition for which they were not prescribed. Do not give fluoxetine tablets to other people, even if they have the same condition. They may harm them.

This Medication Guide summarizes the most important information about fluoxetine tablets. If you would like more information, talk with your healthcare provider. You may ask your healthcare provider or pharmacist for information about fluoxetine tablets that is written for healthcare professionals.

For more information about fluoxetine tablets call 1-888-838-2872.

### What are the ingredients in fluoxetine tablets?

**Active ingredient:** fluoxetine hydrochloride

**Inactive ingredients:** hypromellose, lactose monohydrate, magnesium stearate, microcrystalline cellulose, polyethylene glycol, povidone, pregelatinized corn starch, talc, and titanium dioxide. Additionally, the 10 mg strength contains: D&C Yellow #10 aluminum lake, FD&C Blue #2 aluminum lake, and FD&C Yellow #6 aluminum lake.

*This Medication Guide has been approved by the U.S. Food and Drug Administration.*

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